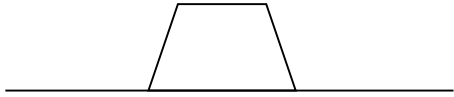
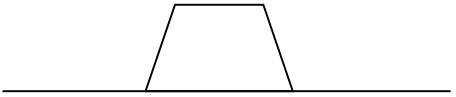
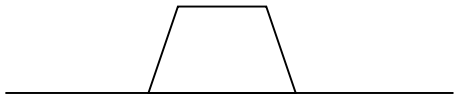
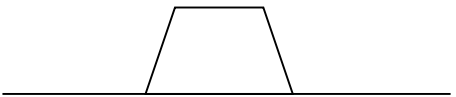
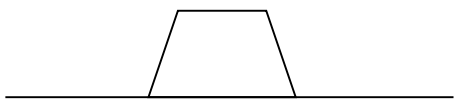
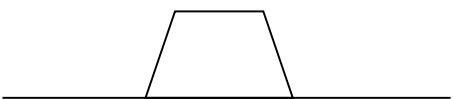
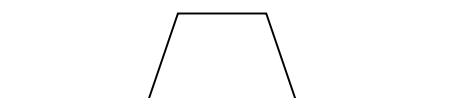
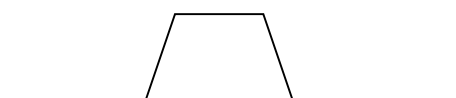
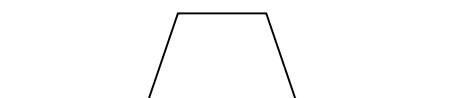
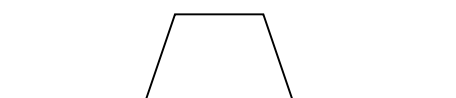
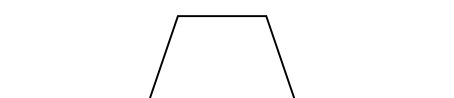
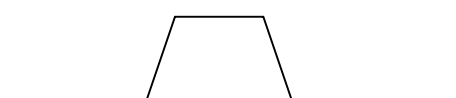


Jugend 3

Sprünge	Teil 1: 7.00 Überschlag	Teil 2: 3.00 R – Strecksprung z. Rückenlage 3.00 R – Strecksprung z. Stand* 5.00 R – F z. Stand* 7.00 R – F + Durchziehen z. Kerze	Yurchenko- Ansatz	Ansprung Rondat: Ungen. offener ARW.....0.10/0.30
		* Umfallen in Rückenlage erlaubt		Absprung: Fehlende Hüftstreckung.....0.10/0.30 Durchziehen zur Kerze: Bücken beim Durchziehen.....N -1.00

Name: _____			
1. Sprung	1. Überschlag 7.0 P. Abz: _____	1. Yurch.-Ansatz 3.0/5.0/7.0 P. Abz: _____	A: _____
			AbzGes: _____
			N: _____
			End: _____
2. Sprung	1. Überschlag 7.0 P. Abz: _____	1. Yurch.-Ansatz 3.0/5.0/7.0 P. Abz: _____	A: _____
			AbzGes: _____
			N: _____
			End: _____

Name: _____			
1. Sprung	1. Überschlag 7.0 P. Abz: _____	1. Yurch.-Ansatz 3.0/5.0/7.0 P. Abz: _____	A: _____
			AbzGes: _____
			N: _____
			End: _____
2. Sprung	1. Überschlag 7.0 P. Abz: _____	1. Yurch.-Ansatz 3.0/5.0/7.0 P. Abz: _____	A: _____
			AbzGes: _____
			N: _____
			End: _____

Name: _____			
1. Sprung	1. Überschlag 7.0 P. Abz: _____	1. Yurch.-Ansatz 3.0/5.0/7.0 P. Abz: _____	A: _____
			AbzGes: _____
			N: _____
			End: _____
2. Sprung	1. Überschlag 7.0 P. Abz: _____	1. Yurch.-Ansatz 3.0/5.0/7.0 P. Abz: _____	A: _____
			AbzGes: _____
			N: _____
			End: _____