



5. Internat. Waldviertel Cup Acrobatic Gymnastics

June 15-16, 2019 in Waidhofen /Thaya,
AUSTRIA

Host Federation:

Austrian Gymnastics Federation

(Österreichischer Fachverband für Turnen = **ÖFT**)

AUT-1040 Vienna, Schwarzenbergplatz 10, www.oeft.at

ÖFT Event ID:

19-24001

Local Organizer:

USA Dobersberg

Venue:

Sports Hall Thayatal

Franz Leiser Straße 4, A-3830 Waidhofen/Thaya

Provisional Schedule:

Friday, June 14, 2019: Arrival, free training

June 15-16, 2019: Competition, Departure

June 17, 2019: Departure

**Competition
programme:**

The competition will take place in the following
disciplines: W2, W3, MX2, M2, M4.

Age Categories:

Youth

Age 7-16 Δ 6 years: Combined Routine (Rules
attached)

Age Group 11-16 (FIG)

Age 9-18 Δ 6 years: Balance & Dynamic

Age Group 12-18 (FIG)

Age 10 years+: Balance & Dynamic

Age Group 13-19 (FIG)

Age 10 years+: Balance & Dynamic

Competition Invitation



Seniors (FIG)

Age 12 years+ Balance & Dynamic & Combined

There will be no finals in any category. For Seniors all routines (B, D, C) will be counted for the result.

Competition Floor:

12x12m Gymnastics floor

Entry fee:

€ 30,- per gymnast

Judges:

Each delegation has to send a judge with a valid Brevet (no FIG-Brevet necessary). Clubs without judges have to pay a fee of € 150,- to the organiser!

Work plan:

A detailed Work Plan will be sent to the delegations after May 27, 2019.

Music:

Please send the music-files as mp3-format (filename: category_disziplin_routine_surname_top_surname_base, e.g. 11-16_W3_D_Miller_Huber_Maier) until May 27, 2019 to silke.wais@vtu.com

Tariff Sheets:

Please send the tariff sheets (filename: category_disziplin_routine_surname_top_surname_base, e.g. 11-16_W3_D_Miller_Huber_Maier) until May 27, 2019 to barbara_aumueller@hotmail.com

Accommodation:

All prices are per person per night and incl. breakfast in hotel and dinner at sports hall restaurant.

	Single Room	Double/Triple Room
Category 1	€ 70,-	€ 56,-
Category 3	€ 50,-	€ 42,-

Meals:

Lunch facilities are available in the sports hall (on the participants own expense)

Competition Invitation



Travel information:

The nearest airports are Vienna and Linz.
The organizers provide transport from the airport or train station (Vienna or St. Pölten) and back for the price of € 40,- per person (approx. two hours drive). Please give your details in the entry form.
Each delegation must pay for their own travel expenses to Waidhofen/Thaya and back.

Payment:

Raiffeisenkasse Dobersberg-Waldkirchen
Account holder: USV Raika Dobersberg
IBAN: AT 85 3209 9000 0001 8234,
BIC: RLNWATW1099
The participating federations/clubs are responsible for covering all bank fees in connection with the bank transfers!

Insurance:

The organisers will provide first aid. However, they cannot be held responsible in any case of accidents or other incidents! All participants must have adequate insurance Coverage!

Data Protection:

With the nominative entry all participants agree that the given data is used according to law, that photos/videos/live stream/etc. are made and data can be used to promote the competition and acrobatics gymnastics.

Deadline Summary:

Provisional entry ([online](#)): April 3, 2019
Definitive/Nominative entry: April 27, 2015
Music/Tariff Sheets: May 27, 2019
Payment of all costs: April 27, 2015

Contact:

Silke Wais
silke.wais@vtu.com; +43 664 413 57 74



Appendix:

Acrobatic Gymnastics Rules – Youth Category

1. General:

1 Combined exercise (difficulty is calculated in accordance with FIG 11-16 Age Group rules): Optional elements and individual elements are NOT counting for difficulty, maximum difficulty counted is 0,5.

2:30 minutes maximum duration.

2. Pairs:

Choose 2 balance elements from different rows from 11-16 difficulty tables + 1 optional* element and 2 dynamic elements from different rows from 11-16 difficulty tables + 1 optional* element.

3. Groups:

Choose 1 pyramid from 11-16 difficulty tables + 1 optional* pyramid (only 2 static holds of 3" are required in the routine) and 2 dynamic elements from 11-16 difficulty tables + 1 optional* element.

The pyramids must be performed as separate constructions.

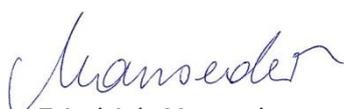
*OPTIONAL elements can be from FIG tables (with max. difficulty according to 11-16 rules) or 11-16 difficulty tables, but cannot be from the same rows used for the compulsory elements.

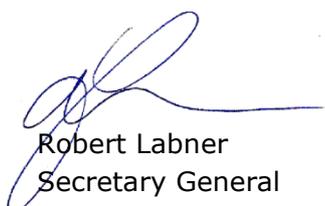
4. Individual:

Individual elements must be executed:

2 elements from the categories static hold, agility or flexibility (same category at the same time)

2 elements tumbling (no salto required); Round off is compulsory for all partners.


Friedrich Manseder
President


Robert Labner
Secretary General


Theresa Longin
Head of Acrobatic Gymnastics