

Invitation

TEAMGYM HIGH PERFORMANCE CAMP



Gladsaxe (DEN)
29 August – 1 September 2019

To the UEG Member Federations

INVITATION TO THE TEAMGYM HIGH PERFORMANCE CAMP August 29th to September 1st, 2019 at Gladsaxe, DEN

Dear Gymnastic friends,

The UEG Technical Committee TeamGym in cooperation with the Danish Gymnastics Federation have great pleasure in inviting gymnasts and coaches from the UEG Member Federations, to participate in a High Performance Camp at Gladsaxe (DEN).

The Camp offers an excellent opportunity for senior gymnasts to network with other gymnasts and coaches across Europe to support their high performance goals. High performance gymnasts and coaches are welcome at this camp and there is a separate fee for each.

Age

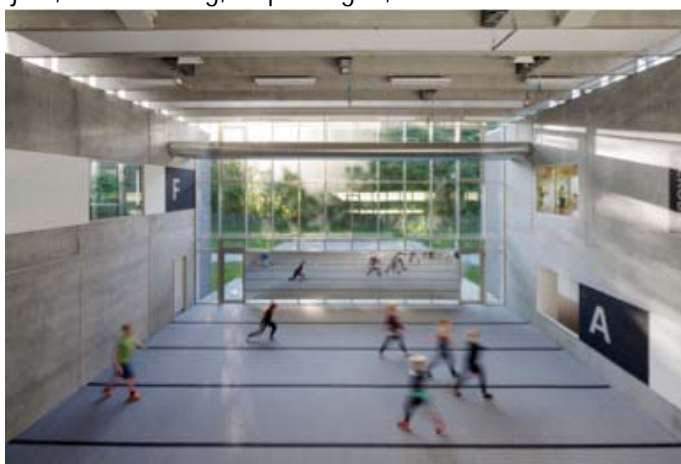
Participants must be at least 18 years old.

Prerequisite skill level

	Trampet	Tumble
Males	2.5 twisting double straight	Double straight backwards
Females	Double straight 180	Double salto backwards

Venue

GIF – Gymnastik Gladsaxe, Gyngevej 28, 2860 Soborg, Copenhagen, Denmark



Coaches: Mike Anderson (NOR); Kasper Holdensen (DEN)

Preliminary Programme

Thursday August 29th Arrival
Friday August 30th Training sessions from 9 a.m. to 5 p.m.
Dinner at the venue at 6 p.m.

Saturday August 31st Training sessions from 9 a.m. to 5 p.m.
Dinner at the venue at 6 p.m.

Sunday September 1st Training sessions and Lectures from 9 a.m. to 12 noon
Lunch
Departure from 1pm

Registration

The registrations have to be sent to the following E-mail address: info@ueg.org
Definitive / Nominative registration: **July 1st, 2019.**

We please ask you to register no more than 10 gymnasts per federation. Please wait for your application to be confirmed by the UEG before proceeding with booking travel. If your Federation wants to participate with more than 3 coaches, please inform the UEG office when sending your registration.

Participation Fee: 250 EUR / participant
Participation Fee: 180 EUR / coach

The participation fee includes, Thursday night accommodation, with full board and training through to Sunday lunch, Transfers from the airport are not included (see below).
The closest airport is Copenhagen (CPH).

Accommodation

Comfortable mattresses in classrooms. Single sex shower facilities available on site.

Transfer

Airport transfer (metro) from Copenhagen Airport to Husum St (via Norreport st.) costs approx. 5 euros each way and takes approx. 38 minutes.

To book free transfer from the station to the facility, please email gifteamgym@gmail.com

The registration fee must be paid by July 1st, 2019 as follows:
265/180 EUR/participant/coach, this amount is non-refundable and has to be transferred to the following **account of the UEG:**

Banque Cantonale Vaudoise
Place St- Francois 14, CP 300, 1002 Lausanne
Account: L5205.70.49/IBAN: CH05 0076 7000 L520 5704 9
SWIFT/BIC: BCVLCH2LXXX

For further information about the course, please contact:

Peter Tranckle, TC TeamGym, peter.tranckle@british-gymnastics.org.

Welcome at the Gladsaxe

The Technical Committee TeamGym welcomes and anticipates the participation of both current and new TeamGym Federations.

Looking forward to seeing you in Denmark!

We remind you to respect the deadlines and remain,
With kind regards,

UNION EUROPEENNE DE GYMNASTIQUE

The President
Farid GAYIBOV

The President TC-TG
Per SJÖSTRAND

Lausanne, 20.05.2019



**Definitive / Nominative Registration
to the High Performance TeamGym Camp at Gladsaxe**

The Federation of _____

enters the following participants/coaches to the TeamGym High Performance Camp at Gladsaxe Gymnastiks

Forename	Last Name	Date of Birth	Gymnast/ Coach	Email

Date: _____

Signature: _____

**To return to the UEG Secretariat, Avenue de la Gare 12, 1003 Lausanne
info@ueg.org**

DEADLINE: July 1st, 2019